

No Sweat

*For it is God who works in you both to will and to do for His good pleasure.
Therefore I can do all things through Christ who strengthens me.
Philippians 2:13 & 4:13*

I linked these two verses with a "therefore" because they go together. If God is working in me His desires and the ability to do them then believing that I can do all *those* things by Christ strengthening me is rational. Doing what we need to do by the "sweat of our brow" comes from the curse of Adam's fall. When the Old Covenant priests ministered in the sanctuary they were forbidden to break a sweat. Ezekiel 44:18 says *...they shall not clothe themselves with anything that causes sweat.* Perspiration was unacceptable because it represented the exercise of human effort to please God. Only the sprinkled blood and anointing oil foreshadowing the blood of Christ and the Holy Spirit was allowed to dampen the articles of that holy place. If perspiration more than inspiration marks our relationship with God we need to make sure what we are doing comes out of what He is working in us.